

### *How to Use Your Love Pages*

Make sure you have a PDF reader on your computer or device. We recommend using Adobe Reader. It's free and you can download it [HERE](#). If you already have Reader, you can follow the same link to make sure you have the latest version.

Download this Love Page to your computer or device by clicking on the link, if you haven't done so already. It should download immediately.

If you want to work with this Love Page on your computer it is all set to go for you to add your beautiful Self to these pages. STOP BEFORE YOU DO — and make sure you opened your Love Page in Adobe Reader or your effort WILL NOT SAVE. Do a quick test to make sure. Open your Love Page and type a few words, close it and reopen it to make sure it saved your work.

Mother would prefer you print off your Love Pages and write longhand. She has taught for years that this is a more effective technique than typing to take you deeper into your Being. And She's not the only one! Studies show that writing out your thoughts, feelings, and desires longhand gives you a much bigger return on your effort. You can also write it all out in your *Igniting Your Glory!* journal.

Here's the most important thing — whatever you choose, make sure it's what works best for you. This is your course. Move through it in a way that supports and nurtures your love and growth. No matter what Mother suggests, if it's a deal breaker for you She would MUCH rather you choose the path that keeps you engaged and consistently showing up.

If you are struggling with the technology of your Love Pages, please contact us at [support@belovedpublications.com](mailto:support@belovedpublications.com) so you can get past the frustration and into the creation.

## Manifesting True North

*“You are a volume in the divine book  
A mirror to the power that created the universe  
Whatever you want, ask it of yourself  
Whatever you’re looking for can only be found  
Inside you.”  
-Rumi*

Clarity is power, especially when it comes to creation and manifestation. Answer these questions using your mind, heart, and soul.

1) Choose 3 examples of how you became aware and actively involved in allowing your soul desires to rise up inside and manifest in the world to reflect what really matters to you. It may be a behavior, activity, creation, or endeavor.

Do your best to trace the steps that got you there by including any people, events, books, inspirational or desperation moments, hitting bottom, or internal nudges. This will involve meditation and asking your soul, who remembers all, to help you piece it together. You may need to journal about it a few times to shake loose the memories. The details are important here, so try not to take shortcuts with this section. *(Use another blank page if needed.)*

2) Read over the examples you wrote about and look for common threads. Put those common threads together for a more comprehensive picture of how your unique soul desires inspire you to create and manifest them. When you know your own process of inspiration, creation, and manifestation, you're better able to allow and direct the process consciously and consistently.

3) Pay special attention to how you were living your life when initial inspiration struck. What is meant by inspiration here is that initial spark that propelled you into action without much thought or need to over-analyze. You're constantly co-creating the structure of your life to collapse, maintain, or expand. Knowing how you set yourself up to thrive is as important, if not more so, as knowing how you set yourself up for self-sabotage.

4) Summarize your process of expansion (without leaving out any important steps). Post it somewhere that you will see it everyday to remind you of what's possible when you consciously direct your inherent power.

